



**Connect Consulting Services**

Engage | Prepare | Recover

## Personal Emergency Preparedness Kit Recommendations

- ☐ Water (1 gallon per person per day)
- ☐ Food (3-day supply non-perishable)
- ☐ Battery-Powered/Hand Crank Radio
- ☐ Flashlight & Extra Batteries
- ☐ First-Aid Kit
- ☐ Moist Towelettes, Garbage Bags,  
5 gallon bucket, Plastic Ties (For waste)
- ☐ Manual Can Opener
- ☐ Work gloves and surgical gloves
- ☐ Mobile Phone with charged power bank and cables
- ☐ Prescription Glasses and Medications
- ☐ Cash or pre-paid cards
- ☐ Personal Hygiene Items
- ☐ Pet Food, beds, and Extra Water for your pets
- ☐ Sleeping Bags and/or Warm Blanket for each person
- ☐ Changes of Clothing for each family member
- ☐ Mess Kits or Paper Plates, Cups, and Plastic Utensils
- ☐ Local Maps
- ☐ Water purification tablets and empty water jugs
- ☐ Books, toys, writing supplies



### Important Emergency information Recommendations

- ☐ Sign up for your county emergency alert notifications
- ☐ Download free preparedness apps to your mobile phone
- ☐ Review your personal preparedness kit items annually
- ☐ Create a [family communications plan](#)
- ☐ [FEMA's Ready.gov resources](#)